Foxford Learning Plan

YEAR 7

Topic Football

Spring 1

Key Vocabulary

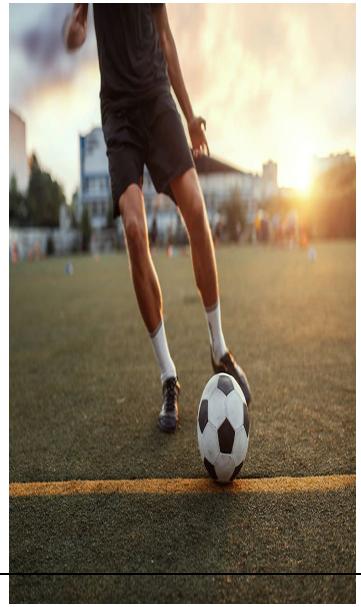
Control	The ability to maintain possession of the ball
Possession	The overall amount of time a team or individual spends with the ball
Tackle	Method used by a player in taking the ball from an opponent
One-two	A passing movement used by two players in order to go beyond or between defenders
Defender	An outfield player whose primary roles are to stop attacks during the game and prevent the opposing team from scoring goals
Attacker	Any player with the ball who is trying to move it towards the opposition's goal



Key Skills

Over the course of the topic, I will be able to: -

- Ball familiarisation - Become familiar with the sport of football including the pitch, positions and rules of the game.
- Dribbling - Move the body while keeping the ball under control.
- Passing - Perform a range of passing using different parts of the foot.
- Shooting - Use different parts of the foot to shoot the ball at goal.
- Tackling and defending - Understand how to defend effectively in football and be able to tackle successfully.



I will Understand

1. Importance of keeping possession of the ball.
2. How to keep the ball under control while moving.
3. How different parts of the foot can be used to pass the ball successfully.
4. A variety of ways to shoot the ball and outwit an opponent.
5. A number of different tackling and defending techniques.