Foxford Learning Plan

YEAR 10- Spring 1

Topic: Understand human growth and development across the life stages and the factors that affect it.

Key Vocabulary	
Cultural	Relating to the ideas, customs, and social behaviour of a society e.g. my culture is a Pakistani culture.
Genetic inheritance	Something you have had inherited from your parents e.g. eye colours.
Health	How an individual's physical health it e.g. their BMI etc.
Wellbeing	How an individual is feeling within themselves e.g. self-concept and mental health.
Gross motor skills	Using your larger muscles e.g. legs.
Fine motor skills	Using your smaller muscles e.g. your fingers to eat.
Explain	Give details and reasons / or evidence to clearly support what you are saying.

Key Skills	Over the course of the topic, I will be able to: -
	Explain the health and wellbeing changes that occur within 3 life stages.
	Describe the different factors that could impact an individual's physical, intellectual, emotional and social development.
	Assess and evaluate the economic, social/ cultural and physical factors that impact the individual through 3 life stages.

I will Understand
1. The different health and wellbeing changes in 3 different life stages.
2. How each life stage I chose to write about will be connected to one another.
3. How to discuss how gross and fine motor skills are extremely important to be able to reach milestones.
4. How to write about how one cultural/social, physical and economic or environmental factors can impact an individual's day to day life.
5. How to be able to relate health and wellbeing and 3 different factors to an individual that I chose to write about.

Learning Aim A: Understand human growth and development across the life stages and the factors that affect it				
LEVEL 1 PASS	**LEVEL 1 MERIT**	**LEVEL 2 PASS**	**LEVEL 2 MERIT**	**LEVEL 2 DISTINCTION**
A.1P1 **Identify** aspects of growth and development for a selected individual.	A.1M1 **Outline** different aspects of growth and development across three life stages for a selected individual.	A.2P1 **Describe** growth and development across three life stages for a selected individual.	A.2M1 **Compare** the different factors that have affected growth and development across three life stages for a selected individual.	A.2D1 **Assess** the changing impact of different factors in the growth and development across three life stages of a selected individual.
A.1P2 **Identify** factors that have had an effect on growth and development of a selected individual.	A.1M2 **Outline** the ways that different factors have affected growth and development of a selected individual.	A.2P2 **Explain** how different factors have affected growth and development of a selected individual.		