Foxford Learning Plan

YEAR 8

Topic: Rugby

Spring 1

Key Vocabulary

Try	When downward pressure is applied to the ball by the attacking team behind the end line of the pitch.
Knock on	When a player drops the ball forward resulting in an advantage to the opposing team.
Presentation of the ball	When the ball is displayed to an individual/team.
Control	When the ball is in possession in an accurate and co-ordinated manner.
Possession	When a team has the ball in their hands/control.
Scrum	A way of restarting play after a knock on or forward pass.
Maul	A maul can take place only in the field of play. It consists of a ball-carrier and at least one player from each team, bound together and on their feet. Once formed, a maul must move towards a goal line.
Conversion	An opportunity to score a further 2 points by kicking the ball from within the field of play from a static position between the posts.

Key Skills

Over the course of the topic, I will be able to: -

- Use a variety of passing techniques.
- Tackle players that have the ball using the correct technique.
- Maul in order to progress up the pitch.
- Apply resistance and power in a scrum.
- Kick the ball to gain ground and also achieve conversions.



I will Understand

1. The rules around passing and the types of passes that can be done.
2. The rules around tackling including presentation of the ball.
3. How to maul and when would be the best time during a game.
4. The rules around a scrum and the key players and their roles.
5. How to kick the ball effectively.

