Foxford Learning Plan

YEAR 9

Topic: Rugby

Key Vocabulary

Lateral	A pass that is performed in a sideways direction to the player.
Switch	A pass performed behind the back to enable a change of direct on the ball/attack.
Pop pass	A short pass where the ball is gently 'popped' into the air for a teammate to run on to.
Wrap	A tackle that smothers the player and ball to prevent them from releasing the ball.
Grubber kick	A kick along the floor.
Bomb kick	A very high but short distance kick aimed at the full back or wingers.
Drop kick	Striking the ball immediately after the ball has bounced.
Box kick	A kick performed by the scrum half from the base of the scrum. High and short distance.
Binding	The method of attachment between players in a scrum.
Line out	The set-piece performed to return the ball into play when it crosses the side-line.

Key Skills

Over the course of the topic, I will be able to: -
Use a range of passes such as lateral, switch and pop passes to create space.
Tackle effectively and safely from the rear of an opponent.
Use a range of kicks such as grubber, bomb, drop and box kick.
Perform a line-out as part of a team.
Scrummage as part of a team.



I will Understand

1. How and when to use each of the passes.
2. When to use a wrap tackle and why?
3. When to use the range of kicks and can justify their use.
4. The role of the front and back row in scrummaging.
5. The laws around the line-out.