Foxford Learning Plan

YEAR 11

Autumn Term 2

Topic LO2: Understand how to measure sporting performance

Key Vocabulary

Reliability	The quality of the test being produced consistently well.
Validity	How accurately a test is measured.
Testing	Capability to perform.
Screening	Medical test to look for disease, health.
Questionnaire	A set of printed or written questions with a choice of answers, devised for the purposes of a survey or statistical study.
Behavioural Analysis	The experimental investigation of behaviour.
Notational Analysis	The identification and analysis of critical patterns and events in a performance that lead to a successful outcome.

Key Skills

Over the course of the topic, I will be able to: -

- Recognise strengths and weaknesses of tests including reliability and validity.
- Describe/Explain why the physiological, psychological and technical procedures can be used to measure sporting performance.
- Analyse the procedures used to measure sporting performance.

I will Understand

1. The importance of reliability and validity when testing.
2. Strengths and weaknesses of using each test.
3. The procedures used to measure sporting performance.
4. How to analyse the procedures.