Foxford Learning Plan

YEAR 8

Gumboot Dance

Key Vocabulary

Actions	What a dancer does: travelling, turning, elevation, gesture, stillness, floor-work and the transference of weight.
Space	Where the movement is performed in the room e.g. the size, direction and level of the movement.
Dynamics	How the movement is performed e.g. fast/slow sharp/soft.
Relationships	Who the dancer performs with and how they perform together e.g. lead and follow, contact, formations.
Unison	Two or more dancers performing the same movement at the same time.
Action and Reaction	When one dancer moves and the other responds as if they are having a conversation in movement.
Repetition	Performing the same action or phrase again.
Canon	When the same movements overlap in time.
Contrast	Movements or shapes that have nothing in common.
Manipulation of number	How the number of dancers in a group is used.
Prop	A portable object that is used in a dance, for example a newspaper.

Key Skills

Over the course of the topic, I will be able to: -

- Take part in discussions about the history of Gumboot dance.
- Perform and choreograph Gumboot dance phrases.
- Identify and apply choreographic devices such as: repetition, unison, canon, contrast, manipulation of number.
- Choreograph and perform a Stomp inspired performance piece that includes a prop.
- Give and respond to feedback.





I will Understand

1. A brief history of Gumboot dance.
2. How to describe Gumboot dance using ASDR (Actions, space, dynamics and relationships).
3. How to use choreographic devices such as: repetition, unison, canon, contrast, manipulation of number, within choreography.
4. How to use a prop within choreography.
5. How to evaluate my work, the work of others and then respond to this in order to develop it further.