Foxford Learning Plan

Year 13

Unit 3

Spring Term

Key Vocabulary

Dance technique	The way in which the dancer uses basic physical movements in performance or the ability to use fundamental physical movements effectively.
Dynamics	How the dancer moves eg fast/slow, sudden/sustained, acceleration/deceleration, strong/light, direct/indirect, flowing/abrupt.
Action	Small movements like facial expressions or gestures, as well as larger movements like lifts, carries, or catches done with a partner or in a group.
Space	refers to the space through which the dancer's body moves (general or personal space, level, size, direction, pathway, focus).
Dress rehearsal	the final rehearsal before it is performed, in which the performers wear their costumes and the lights and scenery are all used as they will be in the performance.
Spatial awareness	An organised awareness of the objects in the space around us, and also an awareness of our body's position in that space.
Choreography	The art of making dances, the gathering and organization of movement into order and pattern.

Key Skills

- Develop my performance skills in dance
- Document the creative process throughout the unit
- Perform using dynamics, spatial awareness and technique.
- Develop my skills in choreography.
- Give and respond to feedback.





I will Understand

1. How to utilise effective performance skills.
2. How to develop my skills as a dancer and choreography, working as part of a team.
3. A number of key dance practitioners applying their practices to my own practical work.
4. The process of creating a dance for performance.
5. How to evaluate my work, the work of others and then respond to this in order to develop it further.