Foxford Learning Plan

YEAR 9

Topic: Football

Key Vocabulary

Instep	Using the inside of your foot to pass, shoot and control the ball
Set piece	A situation where the ball is returned to open play following a stoppage usually a free kick, corner or throw in.
Control	When the ball is in possession in an accurate and co-ordinated manner
Outwit	Getting around you opponent.
Overlap	Movement in which a player passes the ball to another member of their team and then runs beyond that player so that they are ready to receive the ball again.
Offside	Occurs when the opposition player is behind the last defending player at the point when the ball is played forward to them.
Cross	A medium or long-range pass from a wide area of the pitch towards the centre of the pitch near the opponent's goal.
Through ball	A pass that is kicked forward between an opposing team's defenders.

Key Skills

Over the course of the topic, I will be able to: -

- Passing and controlling of the ball using different parts of the body including both feet and chest.
- Shooting with both feet and using inside of the foot and laces technique.
- Attacking strategies as an individual and as part of a team.
- Defensive strategies as an individual and as part of a team.
- Design of attacking and defensive set pieces.



I will Understand

1. How to pass and control the ball using a variety of techniques.
2. How to adapt shooting technique to outwit the goalkeeper.
3. How off the ball movement can be used to give teammates an advantage.
4. How to defend as a part of a formation of players.
5. How to adapt the taking of corners and free kicks to outwit the opposition.

