Foxford Learning Plan

YEAR 9

Topic- Softball

Summer 2

Key Vocabulary

Base	One of four corners on the diamond that the base runners must touch before they score a run. First, second, and third are always called bases. Home is often called a plate.
Pitcher	The pitcher throws, or pitches, the ball from the pitcher's mound. He or she must always stand with both feet on the pitcher's rubber.
Backstop	A defensive fielding position behind home plate.
Bases loaded	When base runners are on first, second, and third all at the same time.
Home plate	The base where the batter stands to hit the ball. It is also the last base that a runner must reach before scoring.
Strike	A pitch that is in the strike zone or is swung at by the batter. The strike can be a foul ball.



Key Skills

Over the course of the topic, I will be able to: -

- Ball familiarisation- Become familiar with the sport of softball including the pitch, positions and rules of the game.
- Throwing and catching- Evaluate the use of differing throws and catching techniques used while fielding.
- Batting- Perform the correct batting technique for softball.
- Base work- develop the skills needed to become an effective base player in softball.
- Backstop- develop the skills needed to become an effective backstop in softball.



I will Understand

1. The rules and regulations of softball including specific vocabulary
2. The most effective tactics and techniques to use when fielding
3. How to adapt batting technique to adjust to differing fielding tactics
4. How to use effective base work to limit the score of the batting team
5. The importance of the role of the backstop