FOXFORD LEARNING PLAN

YEAR 9 – Spring 1

TOPIC – La salud



Key Vocabulary	
Infinitive verbs	beber – to drink comer equilibrado – to eat a balanced diet hacer deportes – to do sport evitar el estrés – to avoid stress descansar – to relax caminar – to walk
Frequency phrases	cada día – each day a menudo – often temprano – early tarde - late nunca - never
Phrases followed by an infinitive	hay que – you must se debe – people should es importante – it is important tengo que – I have to
Present tense verbs	como – I eat doy un paseo – I go for a walk hago deporte – I do sport me acuesto – I go to bed me despierto – I wake up
Purple phrases To make our work more interesting	En mi opinión… – *In my opinion…* Pienso que… – *I think that…* Diría que… – *I would say that…* Creo que… - *I believe that…* Según mi madre… – *According to my mum…* Para estar en forma… – *To stay in shape…*

Key Skills	**Over the course of the topic, I will be able to: -**
	Talk about what people should and should not do to stay in shape.
	Say when or how often you should do activities to stay in shape
	Use the present tense to say what I do to stay in shape
	Use the near future tense to talk about future health resolutions
	Use purple phrases make my written and spoken work more interesting.

I will understand: -
Descriptions of what people should and should not do to stay in shape
When and how often people do activities to stay in shape.
Descriptions about what people do to stay in shape using verbs in the present tense
Descriptions about health resolutions using the near future tense
Cultural links: how young people in Spain keep in shape.